

Modern Advantages of Minimally Invasive Colorectal Surgery

Minimally invasive procedures give patients a newer option in surgery by providing:

- quicker discharge to home
- faster return to work and family
- and less discomfort and minimal scarring

The Surgical Specialist Group specializes in [minimally invasive procedures](#) for colorectal and general surgery. Building the [Minimally Invasive Team for Laparoscopic Colorectal Surgery](#) has been a special focus of our practice for several years, and our patients have greatly benefited.

- We can determine if a minimally invasive approach is right for you.
- We can explain benefits of laparoscopic colorectal procedures.
- Each patient receives a personal consultation that addresses his or her individual needs.



The Minimally Invasive Team for Laparoscopic Colorectal Surgery

Bringing You the Foremost Option in Colorectal Surgery

Laparoscopic colorectal surgery is a demanding approach that requires great focus and experience, and advanced surgical skills. Our dedicated team has invested years in becoming fully trained in this capability. Ours is the *only* practice in the greater Northeast Philadelphia region that offers this type of surgery.

This form of surgery requires complex instruments, and our group uses the newest and the best. This includes the Ultrasonic (Harmonic) Scalpel and LigaSure™ technology.

Blood loss is minimal with laparoscopy, and the cosmetic result is far superior. Patients need fewer pain medications after the procedure. The shorter hospital stay means a faster return to home and normal activities.

Minimally Invasive Procedures
Feel Better Sooner

Thank you!

We appreciate the confidence you have placed in our practice. You can be assured that we will do everything possible to make your visit to our office pleasant.

- We offer colorectal laparoscopic surgery at Frankford Hospitals' Torresdale and Bucks County Campuses.
- You will find free parking at our offices and at the hospitals.
- Our office location is also accessible to Septa Route 58.

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Minimally Invasive Procedures

Feel Better Sooner

**Minimally Invasive Surgery:
Easier, Faster, Less Painful**



**Colorectal Cancer
Inflammatory Bowel Disease
Diverticulitis
Polyps**

**Surgical Specialist Group
FHCS Physician Services**

Robin E. Rosenberg, MD, FACS, FASCRS

Our group's **Minimally Invasive Team for Laparoscopic Colorectal Surgery** provides colorectal surgical procedures that get you **feeling better sooner**:

- with faster recovery time
- shorter hospital stays
- less scarring, and less pain

The procedures are made possible by a type of endoscope called a laparoscope. This pencil-thin instrument has its own lighting system and miniature video camera – permitting the surgeon to see inside the body. Only small incisions are needed to insert this scope and the long, tube-like instruments used to resect or manipulate tissue. This approach gives the same benefits as conventional surgery but causes less trauma to surrounding and surface tissues.

Less Discomfort, Faster Return to Normal

Because laparoscopic incisions are small, the procedures are less disruptive to the body. As a result, patients have less pain after the procedure, and postoperative discomfort generally resolves itself more quickly than with conventional surgery. The approach also results in less scarring and often reduces hospital stays by half (to three to four days). Patients resume normal diets prior to leaving the hospital. And, their full return to work and the other activities can be as soon as *two to three weeks* after surgery.



Robin E. Rosenberg, MD, FACS, FASCRS

A Safe and Established Approach

In use for more than a decade now, minimally invasive surgery has benefited tens of millions of Americans. It is particularly effective for bowel resection and for colectomy (removal of a section of the intestine), as well as for diagnostic purposes.

Many colorectal conditions are appropriate for treatment by colorectal laparoscopy, including:

- cancer
- diverticula
- inflammatory bowel disease (Crohn's disease and ulcerative colitis)
- and polyps.

All patients with appropriate conditions are candidates for minimally invasive laparoscopic surgery. Our team individually evaluates each patient. All candidates must have medical clearance from their family doctor or referring specialist. We work closely with gastroenterologists or any other specialists involved in the case to make accurate evaluations and appropriate recommendations.



Elizabeth Matray, PA-C

Patients should be aware that during the procedure, the surgeon may decide that it is safer to convert to an open surgery. This is to ensure the best outcome for you. Patients still appreciate many of the benefits of laparoscopy even if only a portion of the surgery is conducted using this newer technique.

Confidence and Success with an Experienced Team

Through training, study, and daily application, the members of our **specialty-trained** team are constantly honing their skills and techniques to provide patients with the best possible experience:

- **Robin E. Rosenberg, MD, FACS, FASCRS**, completed his residency and fellowship at the Cleveland Clinic Foundation and is Chief of the Section on Colorectal Surgery at Frankford Hospitals.
- **Elizabeth Matray, PA-C**, is the senior physician assistant with the minimally invasive laproscopic team.
- **Evelyn Waddell, CRNA**, has a special expertise in laparoscopic general anesthesia and works in collaboration with our operating room anesthesiology staff.
- **Mark Levin, MD**, is a urologic surgeon who uses special devices to mark urologic structures, and thus provide protection for these areas, in order to avoid any damage to such tissues during colorectal surgery.

Our specialty team personally performs all of the operations. We can provide prompt scheduling for your procedure. Our staff is dedicated to minimally invasive surgery, and it prides itself in its knowledge and success in this area.



Evelyn Waddell, CRNA